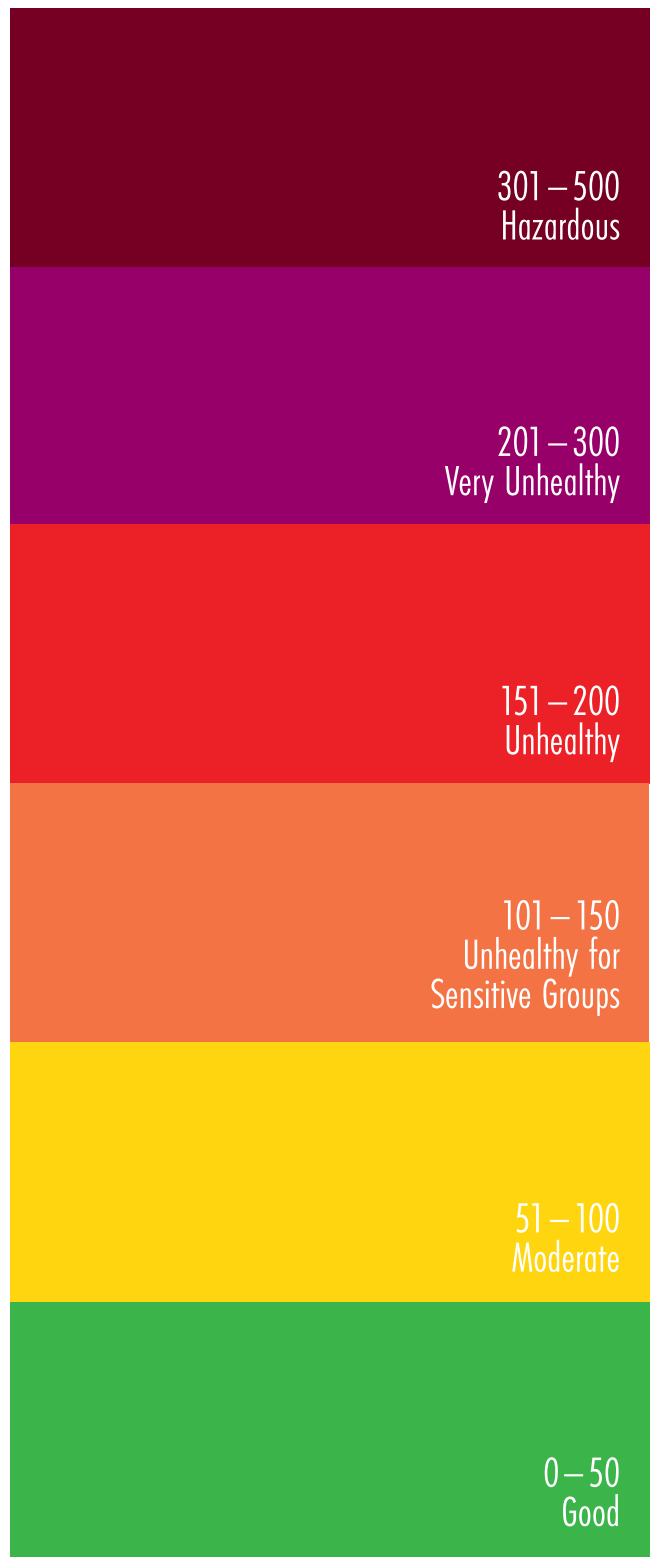


# Air Quality Report: **CLEAN!**

Most Americans spend 90 percent of their time indoors. Making sure you have good air quality inside your workplace and home is very important. Keep the humidity level below 60 percent inside to prevent mold issues and minimize products that release gases and particles into the air indoors.



For additional resources or to find a doctor in your area, log in to your health plan's website.

