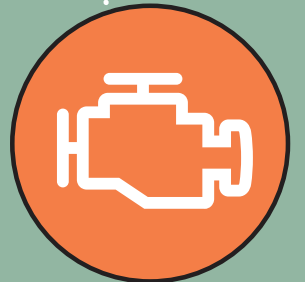


GET YOUR HEALTH in Gear



Even if you're not having any health problems, you should still see your doctor for regular checkups. You may need to think about other types of health checks as well, including colon cancer screenings and mammograms.

For additional resources or to find a doctor in your area, log in to your health plan's website.



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