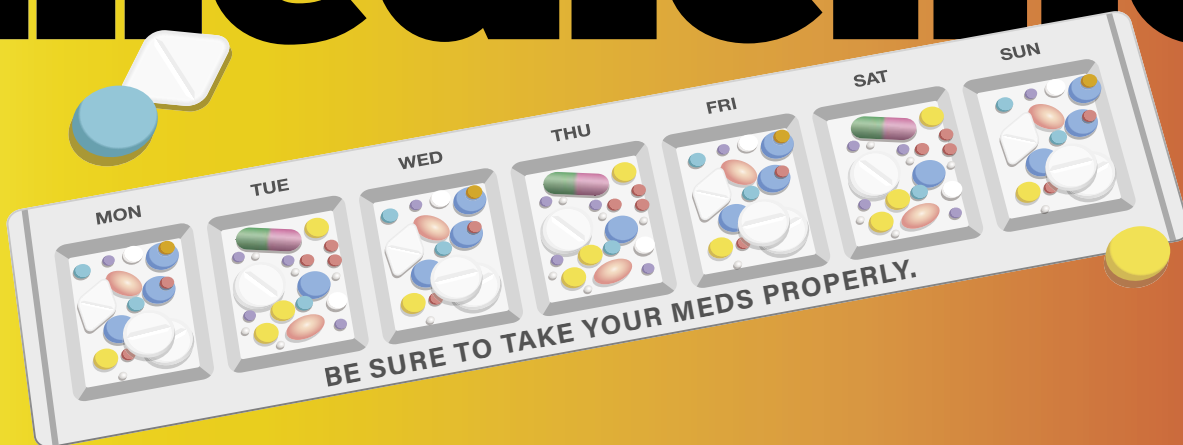


Take your medicine



Medication adherence refers to how well a patient follows directions for taking prescription medications. Studies show about 50 percent of patients do not take their medications properly.

Follow your doctor's instructions and take your medications as prescribed.

For additional resources or to find a doctor in your area, log in to your health plan's website.

