

The PDL is subject to change at any time during the year without prior notification to members or physicians.

## SUPPLIES

ACCU-CHEK STRIPS AND KITS  
BD INSULIN SYRINGES AND NEEDLES  
ONETOUCH STRIPS AND KITS

## CALCIUM REGULATORS

### § BISPHOSPHONATES

*alendronate*  
BONIVA

### § CALCITONINS

*fortical*

## PARATHYROID HORMONES

FORTEO

## CONTRACEPTIVES

### § MONOPHASIC

*ethinyl estradiol-drospirenone*  
YAZ

### § TRIPHASIC

ORTHO TRI-CYCLEN LO

### § EXTENDED CYCLE

*ethinyl estradiol-levonorgestrel*  
LOSEASONIQUE  
SEASONIQUE

## CONTINUOUS

LYBREL

## TRANSDERMAL

ORTHO EVRA

## VAGINAL

NUVARING

## ESTROGENS

### § ORAL

*estradiol*  
*estropipate*  
ENJUVIA  
PREMARIN

### § TRANSDERMAL, ESTROGENS

*estradiol*  
ESTRADERM  
VIVELLE-DOT

### § ORAL ESTROGEN/PROGESTINS

*estradiol-norethindrone*  
PREMPHASE  
PREMPRO

### § PROGESTINS

*medroxyprogesterone*  
PROMETRIUM

## SELECTIVE ESTROGEN RECEPTOR MODULATORS

EVISTA

## § THYROID SUPPLEMENTS

*levothyroxine*

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## GASTROINTESTINAL

### § H<sub>2</sub> RECEPTOR ANTAGONISTS

*ranitidine*

### § PROTON PUMP INHIBITORS

*lansoprazole*  
*omeprazole*  
*pantoprazole*  
NEXIUM

## GENITOURINARY

### § BENIGN PROSTATIC HYPERPLASIA

*doxazosin*  
*finasteride*  
*terazosin*  
AVODART  
FLOMAX

### § URINARY ANTISPASMODICS

*oxybutynin*  
*oxybutynin ext-rel*  
DETROL  
DETROL LA  
ENABLEX  
GELNIQUE  
OXYTROL  
SANCTURA XR  
VESICARE

## HEMATOLOGIC

### § ANTICOAGULANTS

*warfarin*  
COUMADIN

## RESPIRATORY

### ANAPHYLAXIS TREATMENT AGENTS

EPIPEN  
EPIPEN JR

### § ANTICHOLINERGICS

SPIRIVA

### § ANTICHOLINERGIC/BETA AGONISTS

*ipratropium-albuterol inhalation solution*  
COMBIVENT

### § ANTIHISTAMINES, NONSEDATING

*fexofenadine*

### § ANTIHISTAMINE/DECONGESTANTS

*fexofenadine/pseudoephedrine ext-rel 12 hour*

## BETA AGONISTS

### § SHORT ACTING

*albuterol*  
PROAIR HFA  
PROVENTIL HFA

### LONG ACTING

FORADIL  
SEREVENT

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## LEUKOTRIENE RECEPTOR ANTAGONISTS

SINGULAIR

## NASAL ANTIHISTAMINES

ASTELIN  
ASTEPRO

### § NASAL STEROIDS

*fluticasone*  
NASACORT AQ  
NASONEX  
VERAMYST

## STEROID/BETA AGONISTS

ADVAIR  
SYMBICORT

## STEROID INHALANTS

ASMANEX  
FLOVENT  
PULMICORT  
QVAR

## TOPICAL

## DERMATOLOGY

### § ACNE

*clindamycin solution*  
*clindamycin-benzoyl peroxide*  
*erythromycin solution*  
*erythromycin-benzoyl peroxide*  
*tretinoin*  
DIFFERIN  
DUAC CS  
RETIN-A MICRO  
ZIANA

## OPHTHALMIC

### § BETA-BLOCKERS, NONSELECTIVE

*timolol maleate solution*  
BETIMOL

### BETA-BLOCKERS, SELECTIVE

BETOPTIC S

## PROSTAGLANDINS

LUMIGAN  
TRAVATAN  
XALATAN

### § SYMPATHOMIMETICS

*brimonidine*

§ Generics are available in this class and should be considered the first line of prescribing.

<sup>1</sup> Indicates the proposed mechanism of action, based on the American Psychiatric Association Summary of Treatment Recommendations.

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# PAI

Planned Administrators  
Incorporated

## Preferred Drug List

Your prescription benefit provides you and your doctor with many choices. Understanding them will help you make informed health care decisions. It will also enable you to ask your doctor or pharmacist the right questions about your medication needs. We want to make sure you have the information you need to make the best choice for you.

### What is a Preferred Drug List (PDL)?

A PDL is a list of prescription medications chosen for their clinical value and cost-effectiveness by an independent panel of physicians and pharmacists. With our PDL, you and your doctor have the freedom to choose the medication that works best for you. Since there may be more than one drug available for your medical condition, we encourage you to use generic and preferred brand-name drugs whenever possible to help manage your prescription costs. *NOTE: The PDL is subject to change without notice at any time during the year without prior notice to members or physicians. For updated PDL information, please visit our Web site at [www.paisc.com](http://www.paisc.com) and click on the Caremark link.*

### Should I use generic drugs?

Absolutely! Generic drugs become available when patents expire on brand-name drugs. They contain the same active ingredients as brand drugs, but are not manufactured under a brand name or trademark. The color and shape of the generic drug may be different from its brand-name counterpart, but the active ingredients are the same for both. Generic drugs must meet the same Food and Drug Administration (FDA) quality standards as the brand-name drugs. You should always ask your doctor to allow a generic substitution if one is available. When you use a generic drug, you get the same quality as the brand-name drug – at a lower cost.

### What is a 3-tier benefit?

*(Most employers offer a 3-tier benefit plan. Refer to your group benefit booklet to see if this applies to you.)* Medications in a 3-tier benefit structure are divided into three tiers – Tier 1, Tier 2 and Tier 3. Each tier is assigned a copayment or coinsurance amount, which is the amount you pay when you receive a prescription. Refer to your benefit document to find the amounts that apply to you. Tier 1 drugs are generic drugs. Tier 1 drugs in this document are in all lowercase letters. For the lowest out-of-pocket expense, you should always consider Tier 1 drugs if you and your doctor decide they are appropriate for you. Tier 2 drugs are preferred brand-name drugs. Tier 2 drugs in this document are listed after the Tier 1 drugs. Consider Tier 2 drugs if no Tier 1 drug is available to treat your condition. Tier 3 drugs are non-preferred and will usually cost you more. If you are using a Tier 3 drug, talk to your doctor about Tier 1 and 2 drugs that may be appropriate for you. NOTE: When a generic becomes available, most of the time the brand-name drug will automatically move to the 3rd tier.

[see other side](#)

## What is a specialty drug benefit?

A specialty drug benefit requires that you pay a different amount (copayment) for specialty drugs, no matter what the status is of your drug on our PDL. If you have a specialty drug benefit, you will pay the specialty drug copayment or coinsurance under your plan for specialty drugs, whether or not you receive a generic, preferred brand or non-preferred brand drug. Refer to your benefit document to find the amounts that apply to you for specialty drugs.

## What if my drug is not listed on this PDL?

This is a listing of the most commonly prescribed drugs within certain categories. If your drug is not listed, it may well be that:

1. Your drug is a generic and all generics are considered preferred drugs,
2. Your drug is not a preferred drug and is available at the highest copayment or coinsurance, or
3. Your drug is preferred but is not included in this brochure. For an alphabetical listing of commonly prescribed generic and preferred brand-name drugs, visit our Web site at: [www.paisc.com](http://www.paisc.com), where you may also use our searchable PDL. Or, call Caremark, an independent company your health plan has chosen to administer your pharmacy benefits, at 1-888-963-7290 for assistance.
4. There are a few drugs for which your doctor may need to request prior authorization from us before you can fill the prescription. This is to make sure your benefit plan covers the drugs. Visit our Web site for more details.
5. Your drug is available over-the-counter or is excluded from coverage. For many conditions, an over-the-counter medication may be the most appropriate treatment. Talk to your doctor about over-the-counter alternatives. They may be a good choice for you and may cost you less.

Keep in mind this list is subject to change. Your benefit document defines your actual benefit and may exclude coverage for certain drugs listed in this booklet. Some drugs have quantity limits on them. This means you only can receive a limited amount at one time or during a specific time period. Your pharmacist can tell you if your benefit plan applies any limitations to your prescriptions.

[www.paisc.com](http://www.paisc.com)

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## ANTI-INFECTIVES

### ANTIBACTERIALS

#### § CEPHALOSPORINS

*cefaclor*  
*cefдинir*  
*cephalexin*

#### § ERYTHROMYCINS/MACROLIDES

*azithromycin*  
*clarithromycin*  
*clarithromycin ext-rel*  
*erythromycins*

#### § FLUOROQUINOLONES

*ciprofloxacin ext-rel*  
*ciprofloxacin tablet*  
AVELOX  
CIPRO SUSPENSION  
LEVAQUIN

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### § PENICILLINS

*amoxicillin*  
*amoxicillin-clavulanate*  
*dicloxacillin*  
*penicillin VK*

### § TETRACYCLINES

*doxycycline hyclate*  
*minocycline*  
*tetracycline*

### § MISCELLANEOUS

*metronidazole*  
*sulfamethoxazole-trimethoprim*

### § ANTIFUNGALS

*fluconazole*  
*itraconazole*  
*terbinafine tablet*

### ANTIVIRALS

#### § HERPES AGENTS

*acyclovir*  
VALTREX

#### § INFLUENZA AGENTS

*amantadine*  
*rimantadine*  
RELENZA  
TAMIFLU

## CARDIOVASCULAR

### § ACE INHIBITORS

*fosinopril*  
*lisinopril*  
*quinapril*  
*ramipril*

### § ACE INHIBITOR/DIURETIC COMBINATIONS

*fosinopril-hydrochlorothiazide*  
*lisinopril-hydrochlorothiazide*  
*quinapril-hydrochlorothiazide*

### § ACE INHIBITOR/CALCIUM CHANNEL BLOCKERS

TARKA

### ANGIOTENSIN II RECEPTOR ANTAGONISTS/ COMBINATIONS

AVAPRO/AVALIDE  
BENICAR/BENICAR HCT  
MICARDIS/MICARDIS HCT

### ANTILIPEMICS

#### ANTILIPEMIC COMBINATIONS

VYTORIN

#### § BILE ACID RESINS

*cholestyramine*  
WELCHOL

#### CHOLESTEROL ABSORPTION INHIBITORS

ZETIA

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### § FIBRATES

*fenofibrate*  
TRICOR  
TRILIPIX

### § HMG-CoA REDUCTASE INHIBITORS

*pravastatin*  
*simvastatin*  
LIPITOR

### NIACINS/COMBINATIONS

ADVICOR  
NIASPAN  
SIMCOR

### § BETA-BLOCKERS

*atenolol*  
*carvedilol*  
*metoprolol*  
*metoprolol succinate ext-rel*  
*nadolol*  
*propranolol*  
BYSTOLIC  
COREG CR

### § CALCIUM CHANNEL BLOCKERS

*amlodipine*  
*diltiazem ext-rel*  
*nifedipine ext-rel*  
*verapamil ext-rel*

### CALCIUM CHANNEL BLOCKER/ANTILIPEMIC COMBINATIONS

CADUET

### § DIGITALIS GLYCOSIDES

*digoxin*

### § DIURETICS

*furosemide*  
*hydrochlorothiazide*  
*metolazone*  
*spironolactone-hydrochlorothiazide*  
*toremide*  
*triamterene-hydrochlorothiazide*

## CENTRAL NERVOUS SYSTEM

### ANTIDEPRESSANTS

#### § MISCELLANEOUS AGENTS

*bupropion*  
*bupropion ext-rel*  
*mirtazapine*

#### § SELECTIVE SEROTONIN REUPTAKE INHIBITORS (SSRIs)

*citalopram*  
*fluoxetine*  
*paroxetine*  
*paroxetine ext-rel*  
*sertraline*  
LEXAPRO

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### § SEROTONIN NOREPINEPHRINE REUPTAKE INHIBITORS (SNRIs)<sup>1</sup>

*venlafaxine*  
CYMBALTA  
EFFEXOR XR  
PRISTIQ

### § HYPNOTICS, NONBENZODIAZEPINES

*zolpidem*

### MIGRAINE

#### § SELECTIVE SEROTONIN AGONISTS

*sumatriptan*  
MAXALT  
ZOMIG

## ENDOCRINE AND METABOLIC

### ANDROGENS

ANDRODERM  
ANDROGEL

### ANTIDIABETICS

#### § BIGUANIDES

*metformin*  
*metformin ext-rel*

#### DIPEPTIDYL PEPTIDASE-4 (DPP-4) INHIBITORS

JANUVIA  
ONGLYZA

#### DIPEPTIDYL PEPTIDASE-4 (DPP-4) INHIBITOR/ BIGUANIDE COMBINATIONS

JANUMET

#### INCRETIN MIMETIC AGENTS

BYETTA

#### INSULINS

APIDRA  
HUMALOG  
HUMULIN  
LANTUS  
LEVEMIR  
NOVOLIN  
NOVOLOG

#### INSULIN SENSITIZERS

ACTOS

#### INSULIN SENSITIZER/BIGUANIDE COMBINATIONS

ACTOPLUS MET

#### INSULIN SENSITIZER/SULFONYLUREA COMBINATIONS

DUETACT

#### MEGLITINIDES

PRANDIN

#### § SULFONYLUREAS

*glimepiride*  
*glipizide*  
*glipizide ext-rel*

#### § SULFONYLUREA/BIGUANIDE COMBINATIONS

*glipizide-metformin*

[see other side](#)